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From Crisis to Kindness: Education

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One of the hardest aspects in developing policy around mental health is to find a balance between support and self-care; empathy and resilience; prevention and self-awareness; public and personal responsibility.

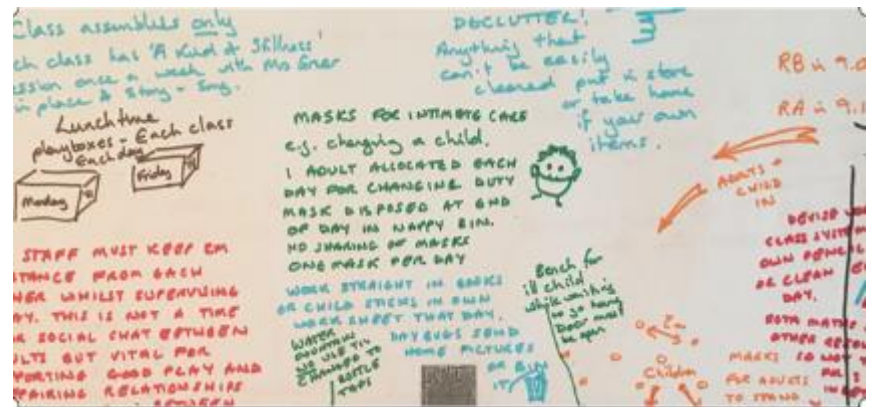
Kindness of boundaried flexibility



Richard Long, Tame Buzzard Line, 2001

Kindness in agency and involvement

- Transition
- Red Amber Green measurement for staff
- Letters to the children
- Issue of the Month – Keeping our School a Safe Place to Learn
- Curriculum for recovery and success
- Online learning
- Road map



Kindness of relationships: trust and repair



Conscious acts of kindness



Kindness in language

- Kindness of:
- Tone
- Messages communicated through our words and our body language
- Words chosen
- Respond not react
- Apology
- Encouragement



Kindness of sharing and showing



Kindness in gratitude



Kindness to ourselves



The [Education Support Partnership](#) free and confidential helpline is available 24/7 to everyone working in education and is available UK wide on 08000 562 561

The kindness of giving hope...

